Retail Pharmacy Directory.

Cigna 90 Now Network.

There are thousands of retail pharmacies in your network. They include national retail chains, local independent pharmacies, grocery stores and wholesale warehouse stores – all places where you may already shop.

About this directory.

- This is a list of the largest retail pharmacy chains in the United States that are in the Cigna 90 NowSM Network.¹
- It's not a full list of in-network pharmacies.
 There are thousands of other pharmacies in your network.
- To find an in-network pharmacy near you, log in to the myCigna® App² or myCigna.com® and use the Price a Medication tool.
- In this list, pharmacies with a green 90 next to them are approved to fill both 90-day and 30 day prescriptions.
- Pharmacies that don't have anything next to them are only approved to fill a 30-day supply.

What you need to know about your pharmacy network.

- Every retail pharmacy can fill **30-day** prescriptions.
- A select number of retail pharmacies can fill 90-day (or 3-month) prescriptions.³
- All 90-day prescriptions must be filled at an in-network retail pharmacy approved to fill 90-day supplies or through home delivery with Express Scripts® Pharmacy.⁴



90-day supplies help make refills easier.

- You'll make fewer trips to the pharmacy for refills (four times a year instead of every month).
- You're more likely to stay healthy with a 90-day supply on hand, you're less likely to miss a dose.⁵



Retail pharmacy directory - Cigna 90 Now Network

Pharmacies with a green 90 next to them are approved to fill both 90-day and 30-day prescriptions. Pharmacies that don't have anything next to them are only approved to fill up to a 30-day supply.

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Important reminder about 90-day prescriptions.

All 90-day (or 3-month) prescriptions must be filled at a retail pharmacy approved to fill that amount, or through home delivery with Express Scripts® Pharmacy.

Frequently Asked Questions (FAQs)

Q. Where can I fill a 30-day prescription?

A. You can use any retail pharmacy in your plan's network to fill a 30-day prescription.

Q. Where can I fill a 90-day prescription?

A. A select number of retail pharmacies can fill 90-day (or 3-month) prescriptions. You can also use home delivery with Express Scripts® Pharmacy.

Q. What's the Cigna 90 Now program?

A. It gives you more choice in where you can fill 90-day (or 3-month) prescriptions for maintenance medications — at select in-network retail pharmacies or through home delivery with Express Scripts® Pharmacy.

Q. What are maintenance medications?

A. These are medications you take on a regular basis to treat an ongoing health condition, such as asthma, diabetes, high blood pressure or high cholesterol. Maintenance medications are <u>not</u> used to treat a short-term condition like an infection or pain caused by surgery or a broken bone.

Q. My doctor gave me a 90-day prescription for a medication I'll only be taking for a short time. Can I fill it at any in-network pharmacy?

A. No. **All 90-day prescriptions** — whether it's for a short-term or a long-term medication — must be filled at a retail pharmacy approved to fill 90-day prescriptions or through Express Scripts® Pharmacy.

Q. Can any medication be filled in a 90-day supply?

A. Typically, medications used to treat a short-term condition, narcotic pain medications and most specialty medications (which are used to treat complex medical conditions) aren't filled in a 90-day supply.

Q. I have a 90-day prescription for a specialty medication. Do I have to use a certain retail pharmacy to fill it?

A. The Cigna 90 Now program doesn't apply to specialty medications. However, your plan may require you to fill your medication at a certain in-network pharmacy or through Accredo®, your plan's specialty pharmacy. Please check your plan materials to see how your plan covers specialty medications.

Q. I have a 90-day prescription for a narcotic pain medication. Do I have to use a certain retail pharmacy to fill it?

A. No. The Cigna 90 Now program doesn't apply to narcotics.

Q. Are there any benefits to filling a 90-day supply?

A. Yes. You'll make fewer trips to the pharmacy for refills. And you're more likely to stay healthy, because with a 90-day supply on hand you're less likely to miss a dose.

Q. Will I save money by filling a 90-day supply?

A. It depends on your plan. Log in to the **myCigna App** or **myCigna.com**, or check your plan materials, to learn more about how your plan covers 90-day fills.

Q. Do I need my doctor's approval to switch to a 90-day prescription?

A. Yes, you'll need a new prescription for a 90-day supply.

Q. Can I fill a 90-day prescription at CVS?

A. Yes. CVS is approved to fill 90-day prescriptions. You can also fill 30-day prescriptions at CVS.

Q. Can I fill a 90-day prescription at Walgreens?

A. Walgreens isn't approved to fill 90-day prescriptions. However, you can fill a 30-day prescription at Walgreens.

Q. Can I fill my 90-day prescription through Express Scripts® Pharmacy?

A. Yes, as long as your plan allows. Home delivery is a convenient option when you're taking a medication on a regular basis. It's simple, safe – and saves you trips to the pharmacy. To learn more, go to Cigna.com/homedelivery.

By choosing home delivery, you can:

- Easily manage your medications from your phone or online
- Get standard shipping at no extra cost⁶
- Fill up to a 90-day supply at one time
- Talk to helpful pharmacists, 24/7
- Sign up for **free automatic refills** or refill reminders so you don't miss a dose
- Use a flexible payment plan to make it easier to pay for your medication

Frequently Asked Questions (FAQs) (cont.)

Here are two easy ways to get started using home delivery:

I. Online.

- Log in to the myCigna App or myCigna.com to move your prescription from your retail pharmacy to Express Scripts® Pharmacy.
- Click on the Prescriptions tab and select My
 Medications from the dropdown menu. Then click the
 button next to your medication name to move your
 prescription(s). Or,

2. By phone.

- Call your doctor's office. Ask them to send a 90-day prescription (with refills) electronically to Express Scripts[®] Home Delivery. Or,
- Call Express Scripts® Pharmacy at 800.835.3784.
 They'll contact your doctor's office to get your prescription. Have your Cigna HealthcareSM ID card, doctor's contact information and medication name(s) ready when you call.

Q. Can Express Scripts® Pharmacy help transfer my current prescription from my local retail pharmacy?

A. Yes. Call Express Scripts® Pharmacy at **800.835.3784**. They'll contact your retail pharmacy to get your prescription. Have your Cigna Healthcare ID card, doctor's contact information and medication name(s) ready when you call.

Q. I want to fill a 90-day supply, but my prescription is only for 30-days. How do I fill a larger amount?

A. Call your doctor's office and ask them for a new prescription for a 90-day (or 3-month) supply. Then ask them to send it electronically to an in-network pharmacy that's approved to fill 90-day supplies or to Express Scripts® Home Delivery.

Q. Can I choose to fill my maintenance medication in a 30-day supply instead of a 90-day supply?

A. Your plan may require you to fill maintenance medications in a 90-day supply to be covered. Log in to the **myCigna App** or **myCigna.com**, or check your plan materials, to learn more about how your plan covers maintenance medications.

If you still have questions, call customer service at the number on your ID card. We're available anytime, 24/7. You can also chat with us online on **myCigna.com**, Monday-Friday, 9:00 am-8:00 pm EST.

Q. Can I fill my 30-day prescriptions at the same pharmacy I get my 90-day supply from?

A. Yes. You can fill your 30-day prescriptions at the same retail pharmacy where you fill your 90-day prescriptions.



- 1. Network as of April 2023. Subject to change.
- 2. App/online store terms and mobile phone carrier/data charges apply. Customers under age 13 (and/or their parent/quardian) will not be able to register at myCigna.com.
- 3. Some medications aren't available in a 90-day supply and may only be packaged in lesser amounts. For example, three packages of oral contraceptives equal an 84-day supply. Even though it's not a "90-day supply," it's still considered a 90-day prescription.
- 4. Not all plans offer Express Scripts® Pharmacy as a covered pharmacy option. Log in to the myCigna App or myCigna.com, or check your plan materials, to learn more about the pharmacies in your plan's network. Cigna Healthcare maintains an ownership interest in Express Scripts® Pharmacy's home delivery services. However, you have the right to fill prescriptions at any pharmacy in your plan's network. You won't be penalized regardless of where you fill your prescriptions.
- 5. Internal Cigna Healthcare analysis performed Jan 2019, utilizing 2018 Cigna Healthcare national book of business average medication adherence (customer adherent > 80% Proportion Days Covered), 90-day supply vs. those who received a 30-day supply taking antidiabetics, blood pressure medications and statins.
- 6. Standard shipping costs are included as part of your prescription plan.

Para obtener ayuda en español llame al número en su tarjeta de Cigna Healthcare.

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